

May 1, 2010

St. John's Parents,

I would like to welcome you to the St. John's College High School community. I look forward to watching your sons and daughters as they help lead the Cadets on to victory.

You have already received the St. John's sports medical form, which is to be completed every year before participation on any St. John's athletic team is permitted. We are asking that parents try their best to schedule their sports physical appointment in June or July, so that your child is clear for the entire school year. We know that this may present a problem with insurance companies if it has been less than a year since your child's last physical. If this is the case, please let us know so we can work something out. The sports medical form can also be found on the school website under athletics. Forms can be turned in at the main office for our nurse, Sue Stanton-Carr or in the Athletic Training room for Mr. Mike Walker.

The 2010-2011 school year begins on September 1st. Below is a list of our fall sports with freshman practice start dates and the head coach. All student-athletes are expected to be at all pre-season practices in order to participate.

Football – Coach Joe Patterson Monday, August 16 – 12:00noon	<u>joepa001@yahoo.com</u>
Boys' Soccer – Coach Phil Gyau Saturday, August 14 -- 11:00-1:00	<u>apgyau@aol.com</u>
Girls' Soccer – Coach Collin Lennon Sunday, August 15 – 5:00-8:00pm	<u>clennon@stjohns-chs.org</u>
Girls' Tennis – Coach Merritt Johnson Monday, August 16 – 3:30-5:30pm	<u>dc1mj@yahoo.com</u>
Field Hockey – Coach Kelly Davies Saturday, August 14 – 9:00-11:00	<u>70davies@gmail.com</u>
Girls' Volleyball – Coach Bill Pribac Sunday, August 15 – 12:00noon	<u>Bpribac@stjohns-chs.org</u>
Cross Country – Coach Mike Sheehy Monday, August 16 – 8:30am	<u>msheehy@stjohns-chs.org</u>
Crew – Contact Renee Brooker Monday, August 23	<u>reneebrooker@verizon.net</u>

For summer camp info, go to www.stjohns-chs.org or call 202-380-1712.

Thank you and again welcome to St. John's.

Tom Veith
Athletic Director
GO CADETS

