

Sketchbook Instructions

There are three basic parts to all service; preparation, service, and reflection. You will be reflecting on service through the artist sketchbook. This sketchbook will draw on your creativity and imagination as you recall the diverse experiences you had in your service to others.

Try and capture in your sketchbook the things that made you laugh and cry. Record the thoughts and feelings which you had in serving others and as you in turn were transformed by those you were serving.

You do not have to be a great artist to complete a sketchbook. The artist within will emerge as you complete this process.

Remember: Summer sketchbooks must include a minimum of 10 entries.

Each entry must have 3 levels; experience, spiritual and social.

THERE ARE 3 LEVELS TO RECORD FOR EACH ENTRY.

THE FIRST LEVEL IS THE EXPERIENCE:

RECORD ANY EXPERIENCE YOU WISH. WRITE ABOUT A CHILD YOU WORKED WITH OR A HOMELESS PERSON YOU MET. DON'T JUST SKIM THE SURFACE, TELL THE PERSON'S STORY AND INCLUDE THE DETAILS; NAMES, DATES, PLACES, THE COLOR OF THEIR EYES, THE TOPIC OF CONVERSATION, THE CLOTHES THEY WORE, IMAGINE YOU ARE RECORDING A PORTRAIT FOR SOMEONE WHO WAS NOT THERE WITH YOU. TELL HOW YOU FELT ABOUT YOUR EXPERIENCE WITH PEOPLE. RECALL ON THIS LEVEL HOW YOU FELT ABOUT THE PEOPLE YOU SERVED? WHAT DISTURBED YOU? WHAT MADE YOU HAPPY? DID YOU FEEL HELPLESS OR WERE YOU MAKING A DIFFERENCE? BE SPECIFIC! DON'T BE BORING!

THE SECOND LEVEL IS THE SPIRITUAL:

ASK YOURSELF WHAT SCRIPTURE WOULD HAVE TO SAY ABOUT THOSE YOU ARE SERVING; WHAT THE CHURCH MIGHT SAY ON THE ISSUE YOU ARE INVOLVED IN AS PART OF YOUR SERVICE. ARE THERE ANY QUOTES OR STORIES FROM SCRIPTURE THAT RELATE TO YOUR SERVICE? HOW CAN SACRED SCRIPTURE AND THE CHURCH'S TRADITIONS GIVE YOU A DEEPER PERSPECTIVE ON YOUR EXPERIENCES.

THE THIRD LEVEL IS THE SOCIAL:

ASK YOURSELF WHY ARE SOME OF THE PEOPLE YOU SERVED DISADVANTAGED? ARE THERE ECONOMIC, POLITICAL, CULTURAL, SOCIAL REASONS? WHAT MIGHT THEY BE? HOW CAN SOME OF THESE SITUATIONS BE IMPROVED? INCLUDE NEWSPAPER OR MAGAZINE ARTICLES AND OTHER RESOURCES WHICH ADDRESS THE ISSUES YOU ARE INVOLVED IN WITH SERVICE. FOR EXAMPLE, IF YOU ARE WORKING WITH HOMELESS PEOPLE, ASK YOURSELF SOME QUESTIONS ABOUT THE ISSUE. CUT OUT A NEWSPAPER ARTICLE ON HOMELESSNESS, PASTE IT IN YOUR SKETCHBOOK, AND WRITE ONE OR TWO PARAGRAPHS COMMENTING ON THE ARTICLE.

HOW DO YOU DO IT?

YOU ARE FREE TO USE WHATEVER STORY OR PASSAGE FROM SCRIPTURE THAT SHOWS A SPIRITUAL CONCERN FOR JUSTICE. IN CASE YOU NEED SOME DIRECTION FOR THIS REFLECTION STEP HERE IS A LIST TO CHOOSE FROM FOR THE COMMENTARY.

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| • PSALM 25: 6-18 | GOD HEARS AND PROTECTS THE JUST. |
| • PROVERBS 31:8-9 | SPEAK OUT FOR THOSE WHO HAVE NO VOICE. |
| • MICAH 6:8 | ACT JUSTLY, LOVE TENDERLY, WALK HUMBLY. |
| • ZECHARIAH 7:9-10 | SHOW EACH OTHER KINDNESS AND MERCY. |
| • MATTHEW 5: 1-12 | THE BEATITUDES. |
| • MATTHEW 6:1-4 | DO NOT SEEK PRAISE FOR YOUR GENEROSITY. |
| • MATTHEW 25:31-46 | WHAT WE DO FOR OUR NEIGHBORS WE DO
FOR CHRIST. |
| • MARK 10; 42-45 | TO BE FIRST, BECOME A SERVANT FOR ALL. |

ARTISTRY

USE ANY OF THE FOLLOWING: MEDIA, OR A COMBINATION OF THESE: POEMS, PROSE, SHORT STORIES, DRAWING, PAINTING, PHOTOS, INTERVIEWS WITH THOSE YOU SERVED, WITH STAFF MEMBERS, COLLAGES, ASSEMBLAGES, REVIEWS OF ARTICLES, HANDOUTS, CUTOUTS FROM MAGAZINES, CHARCOALS, WATERCOLORS, FABRIC.

REVIEW THE FOLLOWING LIST BEFORE TURNING IN THE SKETCHBOOK.

- REMEMBER THAT THE SUMMER SKETCHBOOK MUST BE TURNED IN TO THE SCHOOL BY AUGUST 15 TH
- THE SUMMER SKETCHBOOK MUST INCLUDE ALL FORMS VERIFYING SERVICE, WITH HOURS LISTED AND SUPERVISOR'S INFORMATION INCLUDED.
- EACH SUMMER SKETCHBOOK MUST HAVE AT LEAST 10 ENTRIES.
- EACH ENTRY MUST INCLUDE EACH OF THE THREE LEVELS OF REFLECTION AS LISTED IN THE INSTRUCTIONS ABOVE.

GOOD LUCK!